



# RASPORED GRUPNIH PROGRAMA – RUDEŠ, OD 14.10.

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	PON	UTO	SRI	ČET	PET	SUB
09:00		<b>GYM MORNING</b> <i>by Tin</i>		<b>GYM MORNING</b> <i>by Tin</i>		
10:00						<b>MIX</b>
17:00	<b>AFTER WORKOUT</b> <i>by Tin</i>		<b>AFTER WORKOUT</b> <i>by Tin</i>		<b>AFTER WORKOUT</b> <i>by Tin</i>	
18:00	<b>PILATES</b> <i>by Martina i Jelena</i>	<b>POWER PILATES</b> <i>by Martina i Jelena</i>	<b>PILATES</b> <i>by Martina i Jelena</i>	<b>POWER PILATES</b> <i>by Martina i Jelena</i>	<b>PILATES</b> <i>by Martina i Jelena</i>	
19:00	<b>FIT LIFE</b> <i>by Martina i Jelena</i>	<b>FIT LIFE</b> <i>by Martina i Jelena</i>	<b>FIT LIFE</b> <i>by Martina i Jelena</i>	<b>FIT LIFE</b> <i>by Martina i Jelena</i>	<b>FIT LIFE</b> <i>by Martina i Jelena</i>	
20:00	<b>CORE FIT</b> <i>by Tin</i>	<b>FIT WORKOUT</b> <i>by Martina i Jelena</i>	<b>CORE FIT</b> <i>by Tin</i>	<b>FIT WORKOUT</b> <i>by Martina i Jelena</i>	<b>CORE FIT</b> <i>by Tin</i>	
21:00	<b>FUNKCIONALNI TRENING</b> <i>by Tin</i>	<b>BOXING WORKOUT</b> <i>by Marko Kos</i>	<b>FUNKCIONALNI TRENING</b> <i>by Tin</i>	<b>BOXING WORKOUT</b> <i>by Marko Kos</i>	<b>FUNKCIONALNI TRENING</b> <i>by Tin</i>	



# RASPORED GRUPNIH PROGRAMA – STENJEVEC, OD 14.10.

AEROBIC DVORANA	PON	UTO	SRI	ČET	PET	SUB
9:00		MORNING WORKOUT <sub>1</sub>		MORNING WORKOUT <sub>1</sub>		
10:00						MIX <sub>1,2,3</sub>
18:00	PILATES <sub>2</sub>		PILATES <sub>2</sub>		PILATES <sub>2</sub>	
19:00	FAT BURNING <sub>2</sub>	TRBUH - NOGE <sub>1</sub>	FAT BURNING <sub>2</sub>	TRBUH - NOGE <sub>1</sub>	FAT BURNING <sub>2</sub>	
20:00	FIT LIFE <sub>1</sub>	FIT BUTT <sub>1</sub>	FIT LIFE <sub>1</sub>	FIT BUTT <sub>1</sub>	FIT LIFE <sub>1</sub>	
21:00	FUNKCIONALNI TRENING <sub>3</sub>		FUNKCIONALNI TRENING <sub>3</sub>			
CORE DV.	PON	UTO	SRI	ČET	PET	
17 - 19	“OLIMPIĆI”		“OLIMPIĆI”			
19:00	CORE FIT <sub>3</sub>	BOKS BK “LEONA”	CORE FIT <sub>3</sub>	BOKS BK “LEONA”	CORE FIT <sub>3</sub>	
20:15	BOKS BK “LEONA”	BOKS BK “LEONA”	BOKS BK “LEONA”	BOKS BK “LEONA”	BOKS BK “LEONA”	

**1** - by Almina  
**2** - by Dašenka  
**3** - by Goran